

ABSTRACT Oral Nursing

Safety in Chemotherapy Patients

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Chemotherapy is an anticancer therapy that is used to kill cancer cells. Chemotherapy, in turn, causes short-term and long-term side effects in patients, most chemotherapy drugs are abusive (chemotherapy drugs have a mutagenic, carcinogenic, and teratogenic nature). Therefore, the use of such drugs, especially during pregnancy, can not be 100% Safe. And should be done in accordance with their specific instructions and by maintaining the chemotherapy safety conditions for patients.

The measurable concentration of chemotherapy drugs has been reported at the levels of the hood, the floor, the trimant room, and the trilogy of the transport of drugs, with at least contact at the levels mentioned in skin contact. So those who deal with chemotherapy drugs permanently contact Ander . This contact can be minimized by observing the safety principles, the needless injection system and the proper ventilation. But the complete removal of the danger is impossible.

The treatment team members need to be aware of the long-term side effects of chemotherapy drugs and provide adequate training to the patient and his or her companion when dealing with chemotherapy drugs.

The safety tips you should take during the chemotherapy treatment for self-care include.

Safety in the preparation of chemotherapy drugs, measures to leak chemotherapy drugs, transfer and injection of medications, safety tips when removing empty chemotherapy bottles and disposing of consumed infectious substances, storing, storing and carrying chemotherapy drugs.

The safety tips that treatment staff should teach chemotherapy patients is more about the complications of chemotherapy, many of which can be prevented by observing safety precautions and minimize the severity of the complications and improve the quality of life of the patients.

Including observation of safety tips. Pay attention to the symptoms of thrombocytopenia. :(Small red dots below the skin, red or pink urine, any bleeding from the nose and throat,) Neutropenia, fever, infection, anemia, Nausea and vomiting, diarrhea, oral and gum problems, skin and skin changes, women and sex problems, weight gain, changes in the kidneys and kidney problems, and proper nutrition in chemotherapy patients. The nurse can reduce its complications by carefully controlling the patient and training during chemo therapy. For example, to prevent infection, observing safety tips such as: washing hands before eating and after washing, away from the crowd and people who are infectious, and away from people who have recently been immunized, make the patient chemically Therapy can better deal with its complications and improve quality of life..